

# SIMPLE LIFE PLANNER

*Use this page to think about your dreams and desires for your whole life.*

Date: \_\_\_\_\_

**Success** What does success really mean to me? What do I want to accomplish in my life?

---

---

---

**Interests** What do I truly enjoy doing? How would I spend my time if I were free to choose?

---

---

---

**Meaning** How could I contribute to others? What kind of legacy do I want to leave behind?

---

---

---

**People** Who matters most to me? Who fills my bucket? Who would I like to be closer to?

---

---

---

**Living** How do I want to care for my precious body, mind, and spirit?

---

---

---

**Emotions** How do I define happiness? How can I build more of that into my life?

---

---

---

# SIMPLE DAILY PLANNER

Use this page to plan the actions you can take today in each important area of your life.

Date: \_\_\_\_\_

**Success** What steps can I take toward my top goals today?

---

---

---

**Interests** What could I do that I'd truly enjoy?

---

---

---

**Meaning** How can I connect with something larger than myself or help others?

---

---

---

**People** Who would I like to connect with today? Who might like some encouragement?

---

---

---

**Living** What can I do to nurture my body, mind, and spirit?

---

---

---

**Emotions** What can I do that will make me feel good, positive, and happy?

---

---

---